



Distribution of cannabinoid receptor 1 (CB1) and 2 (CB2) on sensory nerve fibers and adnexal structures in human skin

Sonja Ständer^{a,*}, Martin Schmelz^b, Dieter Metzke^a,
Thomas Luger^a, Roman Rukwied^b

^a Department of Dermatology and Ludwig Boltzmann Institute for Cell Biology and Immunobiology of the Skin, University Hospital Münster, Von-Esmarchstr. 58, D-48149 Münster, Germany

^b Department of Anesthesiology and Intensive Care Medicine, Faculty of Clinical Medicine Mannheim, University of Heidelberg, Germany

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KEYWORDS

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Summary

Background: Cannabinoid receptors mediate the psychopharmacological action of marijuana and have been localized in the central and peripheral nervous system as well as on cells of the immune system.

Objective: Up to now, two cannabinoid receptors (CB1 and CB2) have been cloned and recent studies on animal tissue gave evidence for the presence of cannabinoid receptors in the skin.

Methods: In the present immunohistochemical investigation we determined the precise localization of CB1 and CB2 in sections of human skin and in one case of mastocytosis.

Results: CB1 and CB2 immunoreactivity was observed in cutaneous nerve fiber bundles, mast cells, macrophages, epidermal keratinocytes, and the epithelial cells of hair follicles, sebocytes and eccrine sweat glands. In epidermal keratinocytes, hair follicle and sebaceous glands, CB1 and CB2 were distributed in a complementary fashion. Double-immunostaining with an anti-CGRP antibody suggested the presence of cannabinoid receptors on small afferent peptidergic nerves.

Conclusion: The abundant distribution of cannabinoid receptors on skin nerve fibers and mast cells provides implications for an anti-inflammatory, anti-nociceptive action of cannabinoid receptor agonists and suggests their putatively broad therapeutic potential.

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Abbreviations: CB, cannabinoid receptor; CGRP, calcitonin gene-related peptide; FITC, fluorescein-isothiocyanate; NF, neurofilament; PGP, protein gene product

* Corresponding author. Tel.: +49 251 835 6504; fax: +49 251 835 2559.

E-mail address: sonja.staender@uni-muenster.de (S. Ständer).

1. Introduction

Cannabinoids are the generic term for active compounds of Marijuana, of which Δ^9 -tetrahydrocannabinol (THC) is the most common representative. G-protein coupled cannabinoid receptor (CB1) have been identified first in the brain [1,2] and spinal cord [3] of the rat. Administration of the endogenous cannabinoid receptor agonist anandamide [4,5] elicited hypothermia, catalepsy, impaired motor activity and antinociception [6–10] and a central mode of action at CB1 has been discussed. Also, peripherally administered cannabinoids revealed anti-nociceptive and anti-hyperalgesic effects in rats [11] and humans [12], even though competitive binding studies with capsaicin (TRP-V1 receptor) [13], mustard oil (TRP-ANKTM1 receptor) [14], the CB1 receptor antagonist SR141716A [15] and researches with CB1 knock out mice [16] yielded that actions of particularly anandamide, an endogenous cannabinoid receptor agonist, are not being mediated by CB1 only.

In peripheral tissue, CB1 have been identified on neuronal and immune cells [17,18]. On the latter – namely macrophages of the spleen and tonsils [19–21] – a particular cannabinoid receptor was determined that revealed about 40% receptor homology to CB1 only and therefore had been termed cannabinoid receptor 2 (CB2) [19]. According to their distribution, an activation of CB2 was associated with a modulation of the immune system [22] and functionally attributed to the treatment of, e.g. multiple sclerosis [23,24] or the immune deficiency syndrome HIV [25]. However, therapeutic efficacy of cannabinoids in such clinical trials are still lacking [26].

In experimental studies on human tissue or cell lines some authors described the expression of CB1 and CB2. For instance, cannabinoid receptors have been determined in human pyramidal cells, T- and B-lymphocytes, keratinocytes, endothelial and epidermal cell lines [17,27–31], but also in the intestine [32,33] and corneal epithelium [34]. So far, no immunohistochemical study demonstrated the distribution of CB1 and CB2 in human cutaneous nerve fibers. Here, we investigated the presence and distribution of cannabinoid receptors in human cutaneous tissue and their localization on primary sensory nerves, appendage epithelial cells, cutaneous macrophages and skin mast cells.

2. Materials and methods

Biopsies of normal healthy skin ($n = 10$) from different sites of the body (leg, arm, trunk, face, capillitium) and of one case of mastocytosis were obtained from patients undergoing routine diagnostic and therapeutic

surgery. Adult frontal rat brain including white and grey substance, cervical and thoracic spinal cord, and spleen served as a positive control (kindly provided by Prof. Dr. K.D. Richter, Dept. of Animal Experimental Research, University Hospital Münster, Germany). Rat tissue and human skin samples were immediately frozen in liquid nitrogen and cut, after mounting in cryo-embedding compound (Microm Int., Walldorf, Germany), with a cryostat in 3–5 μm sections (4–6 slides of each sample). Frozen sections were postfixed with 2% paraformaldehyde/1% picric acid in 0.1 M Tris-buffered saline (TBS) with 0.3% Triton for 20 min and preincubated for 30 min with 2% bovine serum albumin. Specimens were incubated overnight at 4 °C with rabbit polyclonal antibodies against CB1 and CB2 (CB1, 1:200, Cat. No. 216401; CB2, 1:20, Cat. No. 216407, Calbiochem, San Diego, CA, USA). According the suppliers specification, anti-CB1-antibody was directed against the aa 1–14 (MKSILDGLADTTFR) of human CB1 protein and anti-CB2-antibody against the aa 20–33 (NPMKDYMILSGPQK) of human CB2 protein; no cross-reactivity for CB1 and CB2 was found for the two antibodies. Following the incubation period samples were rinsed three times in 0.1 M TBS with 0.3% Triton for 45 min and sections incubated with donkey Texas red-conjugated anti-rabbit antibody (1:100, Dianova, Hamburg, Germany) or swine FITC-labelled anti-rabbit antibody (1:50, DAKO, Hamburg, Germany). For double-immunofluorescence staining, specimens were first incubated overnight with the anti-CB1/CB2-antibodies, followed by an incubation period with different monoclonal antibodies for 4 h, i.e. mouse anti-neurofilament-antibody (NF, subunits 70, 160, and 200 kDa, Clone 2F11, 1:50, Cat. No. M0762, DAKO, Hamburg, Germany), mouse anti-protein gene product 9.5-antibody (PGP 9.5, Clone 31A3, 1:50, Cat. No. 7863-1004, Biotrend, Köln, Germany), mouse anti-calcitonin gene-related protein-antibody (CGRP, 1:30, Cat. No. CA 1135, Biotrend, Köln, Germany), mouse anti-CD68-antibody (Clone KP1, 1:100, Cat. No. M0814, Dako, Hamburg, Germany), and mouse anti-tryptase-antibody (1:1000, Cat. No. MAB1222, Chemicon, Temecula, CA, USA). The antibodies were developed with pork FITC-labelled anti-rabbit antibody (1:50, DAKO, Hamburg, Germany) and goat Texas red-labelled anti-mouse antibody (1:200, Dianova, Hamburg, Germany). To confirm staining, fluorescence antibodies were applied cross-matched, i.e. CB1 and CB2 antibodies were detected with donkey Texas red-conjugated anti-rabbit antibody (1:100, Dianova, Hamburg, Germany), while neuronal markers were visualized with rabbit FITC-labelled anti-mouse antibody (1:50, DAKO, Hamburg, Germany). After final rinsing with TBS, sections were cover slipped in Vectashield (Vector Laboratories, USA)

and immediately investigated and photographed with a fluorescence microscope (Olympus BX61, Hamburg, Germany; MetaMorph Software, Visitron-Systems, Puchheim, Germany). Replacement of the primary antibody by mouse or rabbit serum in a concentration corresponding to the antibodies used and preabsorption of the first antibody with the corresponding blocking peptides (MKSILDGLADTTFR for CB1; NPMKDYMILSGPQK for CB2; Cayman Chemicals, Ann Arbor, MI, USA), served as a negative control, which was performed in rat brain, rat spinal cord, rat spleen and human healthy skin.

3. Results

3.1. Immunoreactivity of CB1 in human skin (Table 1)

3.1.1. Small nerve fibers

CB1 was determined in cutaneous nerve fiber bundles. The staining protocol revealed strong reactivity for both Texas Red- and FITC-labelled secondary antibodies, and specificity of CB1 antibody was evidenced by replacement of the antibody with rabbit IgG serum and pre-absorption of the first

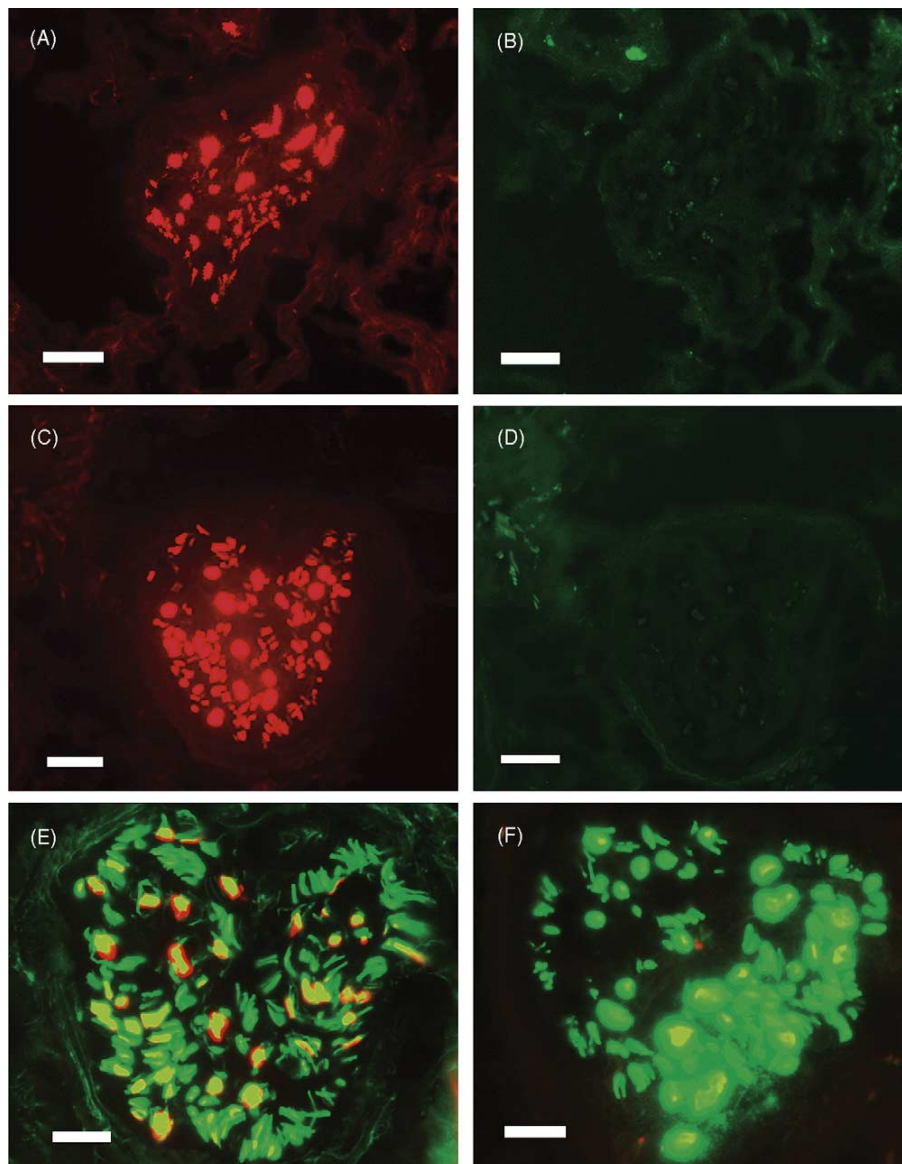


Fig. 1 Controls for CB1 and CB2. Neurofilament staining in a small nerve fiber of the face (A and C). Preabsorption of the anti-CB1-antibody with the corresponding blocking peptide (MKSILDGLADTTFR) (B) and replacement of the anti-CB1-antibodies by rabbit serum (D) did not result in a specific immunostaining on adjacent skin specimen. Double labeling of neurofilament and CB1 (E) or CB2 (F) revealed colocalisation (yellow areas). Scale bar: A–D, 14 μm ; E–F, 7.5 μm .

antibody with the corresponding blocking peptide. Regardless the investigated tissue, i.e. rat brain, spinal cord, spleen and human skin, these control experiments did not result in any specific immunostaining (Fig. 1(A)–(F)). The distribution and expression of CB1 on skin nerves could be characterized as follows. In superficial and deep reticular dermis, immunoreactivity for CB1 was detected in large myelinated nerve fiber bundles (Figs. 1(E) and 2(A)–(C)), small unmyelinated nerves of the papillary dermis (Fig. 2(D)–(F)) at dermal–epidermal junction, as well as, sporadically, within the epidermis. Staining for CB1 was also observed in single small nerve fibers that were associated with hair

follicles. In each skin biopsy of specimens of different sites of the body, such as face, head, trunk and extremities, the distribution of CB1 immunoreactivity was identical. Double-immunofluorescence staining for CB1 with neurofilament (NF) or protein gene product (PGP) 9.5 respectively demonstrated the presence of CB1 on axons. NF and PGP 9.5 stained intensely for axons of nerve fiber bundles in superficial and deep dermis, the epidermal–dermal junction, the epidermis, and around hair follicles, whereas the perineurium of large nerve fibers showed only weak immunoreactivity (Fig. 3). Calcitonin gene-related peptide (CGRP)-positive sensory small nerve fibers showed co-localized immunoreac-

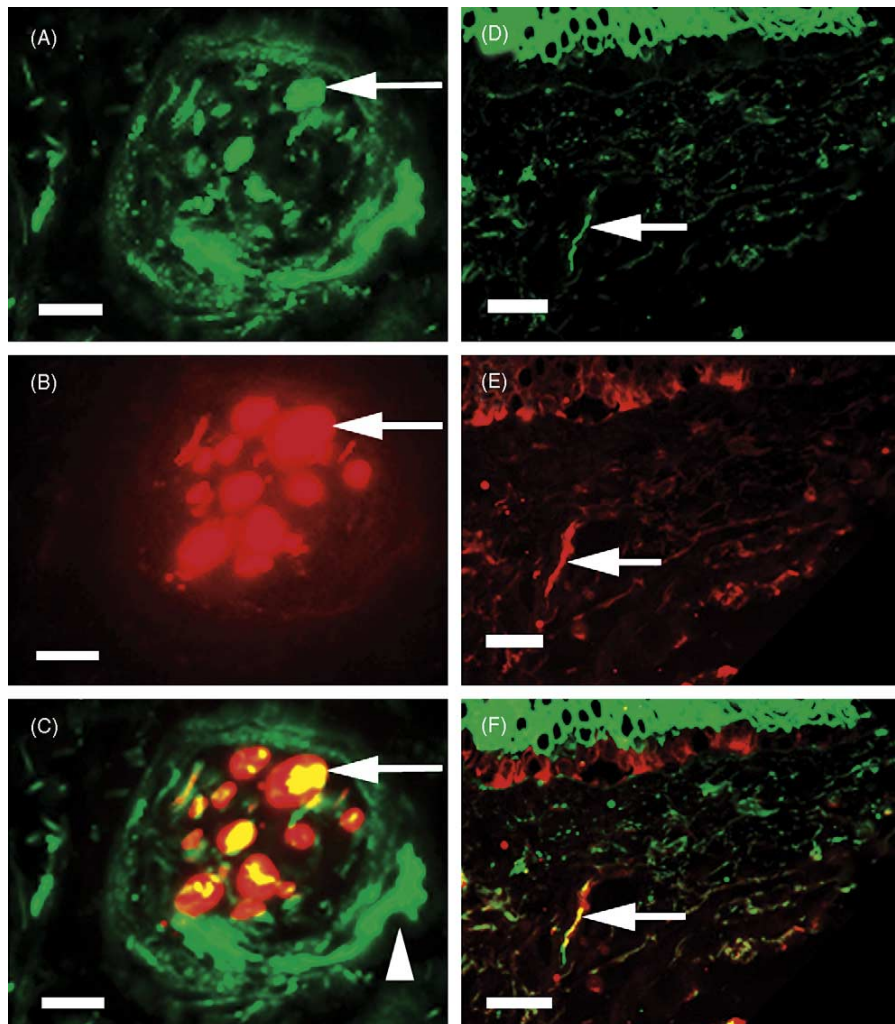


Fig. 2 Immunoreactivity for CB1 on nerve fiber bundles in normal human skin from the face. Positive immunoreactivity for CB1 in a large (A, arrow) and a small subepidermal (D, arrow) nerve fiber. The neuronal markers neurofilament (B, arrow) and protein gene product 9.5 (PGP 9.5, E, arrow) show intense immunoreactivity in axons. In the overlay, the presence of CB1 on several axons in a large myelinated nerve fiber bundle (C, arrow), a mast cell next to the nerve fiber (arrowhead) and a subepidermal small nerve fiber (F, arrow) can be seen. Interestingly, basal keratinocytes stain intensely for PGP 9.5 (E) while CB1 stains suprabasal keratinocytes (D). Bar: A–C, 7 μm ; D–F, 34 μm .

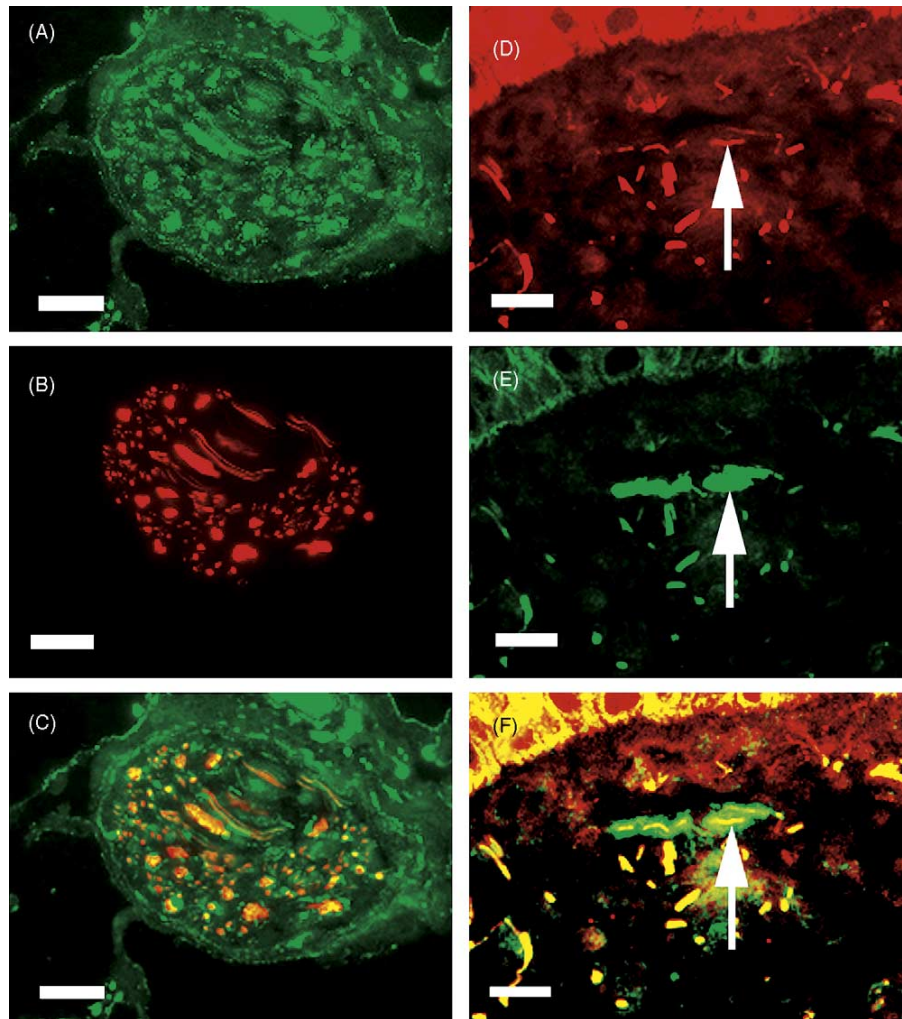


Fig. 3 Immunoreactivity for CB2 on a dermal and subepidermal small nerve fiber in normal human skin from the arm. Positive immunoreactivity for CB2 in a large dermal myelinated nerve fiber bundle (A) which showed abundant axonal immunoreactivity for NF (B). The overlay of A and B reveals co-localisation of CB2 mainly on axons (C). Weak immunoreactivity of CB2 in a small subepidermal nerve fiber (D, arrow). NF is intensely expressed in the small unmyelinated subepidermal nerve fiber (E, arrow). Overlay of D and E shows the presence of CB2 on the small subepidermal nerve fiber (F, arrow). Bar: A–C, 14 μm ; D–F, 14 μm .

tivity with CB1 (Fig. 4(A)–(C)). As a positive control, rat frontal brain, cervical and thoracic spinal cord was stained for CB1, in which immunoreactivity was determined in several cell bodies and small dendritic axons (data not shown) (Table 1).

3.1.2. Epithelial cells, macrophages and mast cells

In the epidermis, CB1 immunoreactivity was observed in keratinocytes of the stratum spinosum and stratum granulosum (Fig. 5(A)). Additionally, hair follicles, the differentiated epithelial cells of the infundibulum and the inner hair root sheet stained for CB1 (Fig. 5(B)). In contrast, the outer

root sheet, the bulge, the bulb of the hair follicles and the muscoli arectores pili were negative. In sebaceous glands, CB1 was found in the central differentiated sebaceous cells (Fig. 5(C)) while the peripheral undifferentiated cells were negative. The secretory portion of sweat glands showed strong immunoreactivity in myoepithelial cells but not secretory cells. Epithelial cells of the dermal duct of sweat glands revealed only weak staining. In the dermis, single but not all CD68-positive macrophages showed cytoplasmatic immunoreactivity for CB1 (Fig. 6(A) and (B)). All mast cells in normal skin and identically in mastocytosis stained for CB1, which was confirmed by double-immunostaining

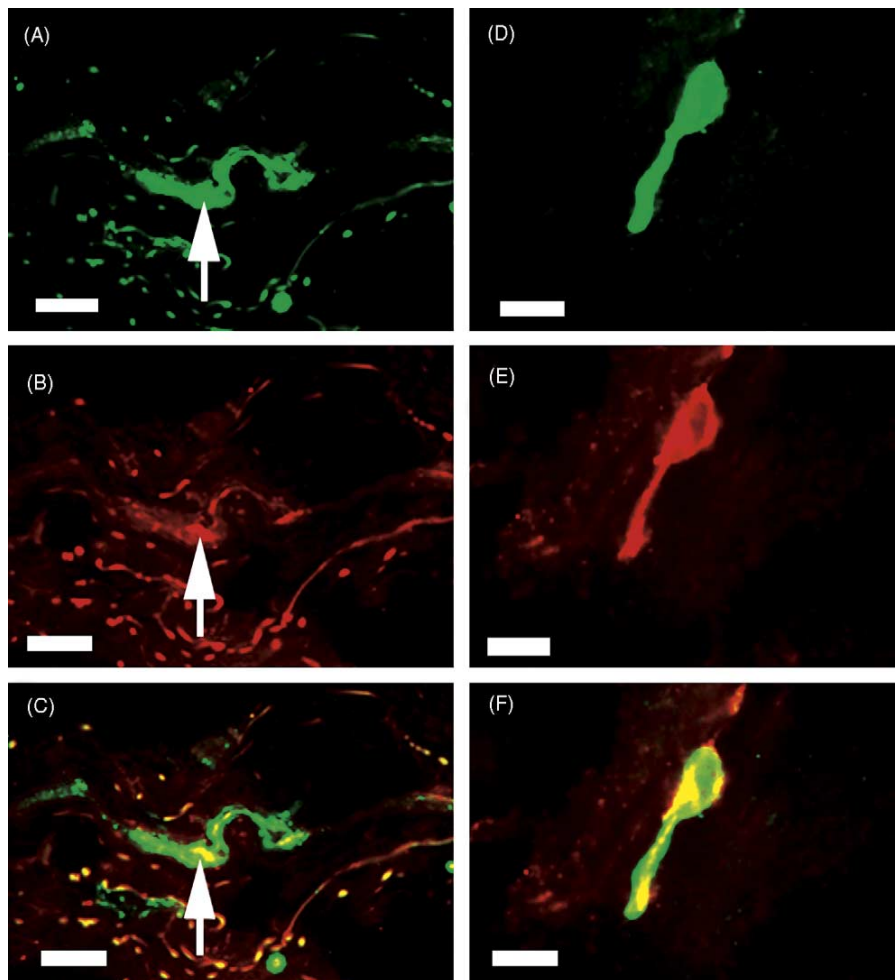


Fig. 4 CB1 and CB2 are present on sensory dermal nerve fiber bundles. A small subepidermal nerve fiber of the arm (A–C) and dermal nerve fiber of the trunk (D–F) revealed positive immunoreactivity for CB1 (A, arrow), CB2 (D) and the neuropeptide CGRP (B and E). C and F are overlay images of A, B and D, E respectively. Bar: A–F, 14 μm .

with the mast cell marker tryptase (Fig. 6(E) and (F)). These findings were constant in specimens from different areas of the body.

3.2. Immunoreactivity of CB2 in human skin (Table 1)

3.2.1. Small nerve fibers

Immunoreactivity for CB2 was detected in cutaneous small nerve fibers with both staining protocols, i.e. detection of CB2 by Texas Red- and FITC-labelled secondary antibodies. Similar to the determination of CB1, immunoreactivity for CB2 was identified in large myelinated nerve fiber bundles of the superficial and deep reticular dermis (Figs. 1(F) and 3(A)–(C)), in small unmyelinated nerves of the papillary dermis (Fig. 3(D)–(F)), at the dermal–epidermal junction, and occasionally within the epidermis and small nerve fibers asso-

ciated with hair follicles. In skin specimens of different body sites (face, head, trunk and extremities) distribution of CB2 immunoreactivity was identical. Double-immunofluorescence staining for CB2 with NF or PGP 9.5 revealed distinct colocalization of CB2 with both neuronal markers. Most nerve fibers showed a moderate staining along the axon. Receptor staining was co-localized with the sensory neuropeptide calcitonin gene-related peptide (CGRP) (Fig. 4(D)–(F)). Specificity of CB2 antibodies was evidenced by replacement of the antibody with rabbit IgG serum and pre-absorption of the antibody with the corresponding peptide. No specific immunostaining was obtained in the investigated tissue, i.e. rat brain, spinal cord, spleen and human skin (Fig. 1). As a positive control rat spleen was stained with anti-CB2. Many but not all macrophages showed an intense cytoplasmic immunoreactivity (data not shown).

Table 1 Positive immunoreactivity of cannabinoid receptors in different skin cells.

Epidermis	Nerve fibers	Adnexal structures, mast cells, Macrophages
CB1		
Keratinocytes of the stratum spinosum and granulosum	Single epidermal nerve fibers, small unmyelinated subepidermal nerves, large dermal myelinated nerves	Differentiated sebaceous cells, differentiated epithelial cells of the infundibulum and inner root sheath of hair follicles, myoepithelial cells of eccrine sweat glands, sweat gland duct, mast cells, macrophages
CB2		
Basal keratinocytes	Single epidermal nerve fibers, small unmyelinated subepidermal nerves, large dermal myelinated nerves	Undifferentiated sebaceous cells, undifferentiated infundibular hair follicle cells, myoepithelial cells of eccrine sweat glands, sweat gland duct, mast cells, macrophages

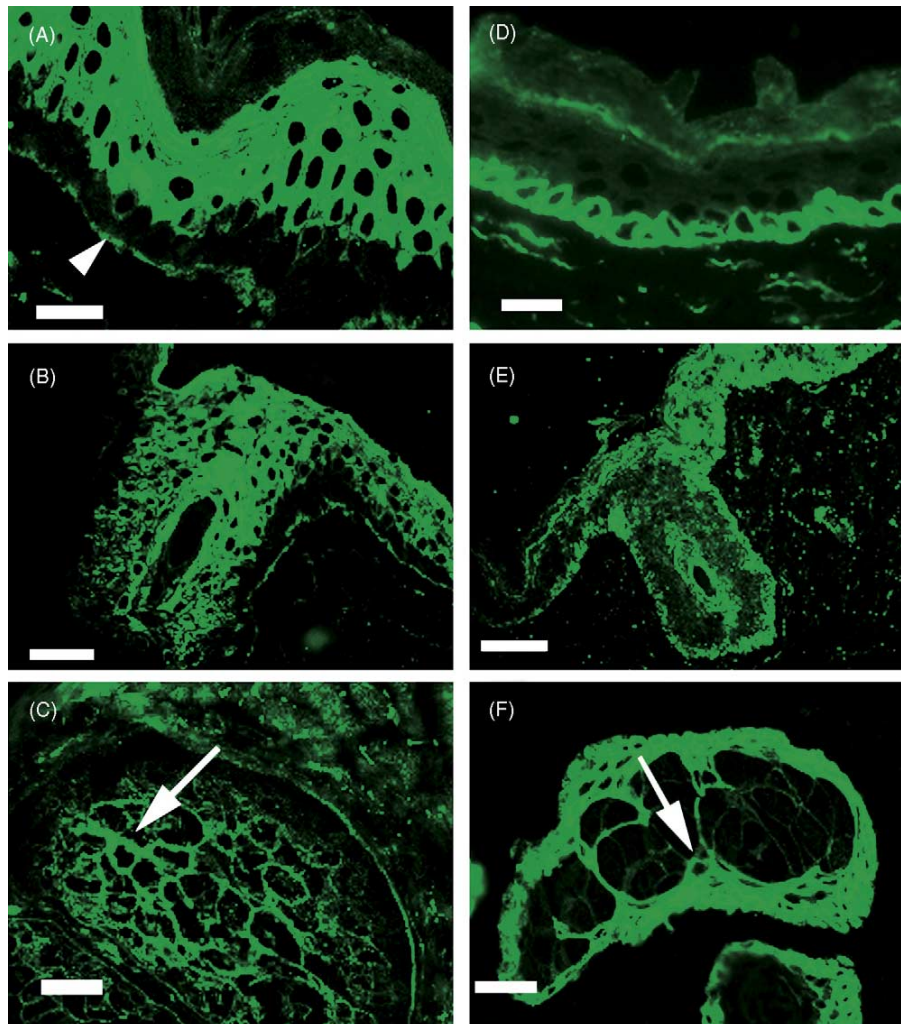


Fig. 5 CB1 and CB2 are present on epithelial cells. Suprabasal keratinocytes of the epidermal stratum spinosum and stratum granulosum revealed immunoreactivity for CB1 (A, arrowhead: basal lamina) as well as the differentiated epithelial cells of the hair follicle infundibulum (B), and the central differentiated cells of sebaceous glands (C, arrow). CB2 stains undifferentiated cells such as the basal epidermal keratinocytes (D), the outer infundibular cells of hair follicles (E) and the peripheral sebaceous cells (F, arrow). Bar: A, 29 μm ; B, 57 μm ; C, 40 μm ; D, 29 μm ; E, 43 μm ; F, 40 μm .

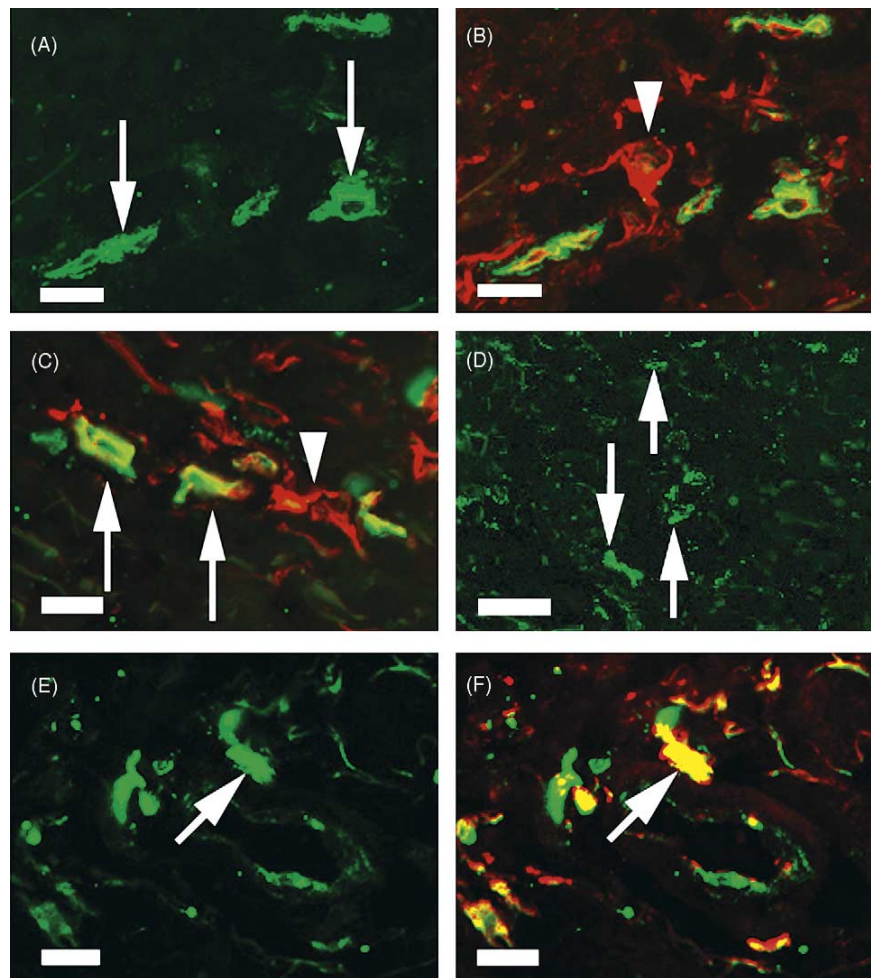


Fig. 6 Expression of CB in macrophages and mast cells. Single (A, C, arrows) but not all (B, C, arrowhead) CD68-positive cutaneous macrophages stain for CB1 (B: overlay of CB1- and CD68-staining) and CB2 (C, overlay of CB2- and CD68-staining). Mast cells in mastocytosis stain intensively for CB2 (D, arrows) and CB1 (E, arrow), which was confirmed by double-immunostaining with the mast cell marker tryptase (F, arrow, overlay with E). Bar: A and B, 14 μm ; C, 9 μm ; D, 20 μm ; E and F, 14 μm .

3.2.2. Epithelial cells, macrophages and mast cells

Major CB2 immunoreactivity was observed in basal keratinocytes of the epidermis (Fig. 5(D)). In contrast to the recorded CB1 staining, undifferentiated cells of the infundibulum (Fig. 5(E)), the outer hair root sheet and the bulb of hair follicles stained for CB2. The inner root sheet, the bulge of the hair follicles and the muscoli arrectores pili were negative. These immunoreactivity patterns were constant throughout the observed specimens from different body areas. In sebaceous glands, CB2 was identified in peripheral undifferentiated cells (Fig. 5(F)), whereas central differentiated sebaceous cells were, however, negative. In sweat glands, the myoepithelial cells of the secretory portion and epithelial cells of the duct showed positive immunoreactivity. Most but

not all CD68-positive macrophages were positive for anti-CB2-staining (Fig. 6(C)). Furthermore, all mast cells stained for CB2 in both normal skin and also identically in mastocytosis (Fig. 6(D)), as confirmed by double-staining with the mast cell marker tryptase.

4. Discussion

Numerous studies described the expression of cannabinoid 1 receptors in animal and human brain tissue [2,35–39]. Their regional distribution had been associated with the psycho-active attributes of cannabinoids and their influence on emotion [40,41]. In addition, identification of CB1 and CB2 in dorsal root ganglia cells of the rat [42–45] sug-

gested a cannabinoid receptor expression on primary afferent neurons [7,46–50]. Even peripheral administration of cannabinoid receptor agonists suppressed pain associated behaviour in animals [11,51–53] as well as nociception in humans [12]. These findings indicated the expression of cannabinoid receptors on nociceptive units, as already demonstrated in cultured primary sensory afferents of the rat [18,32,44].

The present study describes for the first time the distribution pattern of cannabinoid receptors on human cutaneous nerve fibers. CB1 and CB2 have been identified on large (myelinated) and thin (unmyelinated) calcitonin gene-related peptide (CGRP) positive nerve fibers, as evidenced by double-immunofluorescence staining with neuronal markers (neurofilament, PGP 9.5) and anti-CGRP antibodies. These immunohistological data underline previous functional studies, showing that an activation of cutaneous cannabinoid receptors by topical administration of selective receptor agonists attenuated the experimentally induced nociceptor excitation and subsequent pain and itch perception [12], reduced mechanical hyperalgesia [12,50,54] and decreased the release of neuropeptides, particularly CGRP, from terminal afferent units [55,56]. In human skin, CGRP causes vasodilatation [57] and contributes to the maintenance of long lasting flare reactions [58]. The recent observation that topical administration of a CB receptor agonist attenuated the chemically evoked flare reaction in humans [59] can be explained by the present determination of CB receptors on CGRP positive nerve fibers. However, no final conclusion can be made which particular cannabinoid receptor sub-type (CB1 and/or CB2) is essentially involved to influence these vascular responses and further studies are currently made to elucidate this issue. It has been considered that cannabinoids may have a putatively huge therapeutic potential, not only when administered peripherally in order to ameliorate inflammatory processes [12,60] or to enhance morphine effects [53], but also following oral administration to treat intractable pain or itch [46–48,52,61,62]. Obviously, systemic drug application suggests a rather central mode of action, whereas peripheral activation of particularly CB2 revealed anti-nociceptive and anti-inflammatory effects via both the central [51] and peripheral nervous system [63–65].

These presence of CB2 on cutaneous nerve fibers are quite intriguing since this receptor has been assumed to be preferably expressed on blood and immune cells, e.g. B- and T-lymphocytes, natural killer cells, and macrophages; the latter could also be shown in this study [19,21,66,67]. Apparently, the effects of activation of CB2 cannot be restricted

to immune-regulatory functions, but should also include nociception. The present data on CB2 expression on human skin nerve fibres substantiate this assumption, although their specific functional role remains unclear. Also, recent studies demonstrated cannabinoids in cancer research, in which CB2 agonists considerably contributes to tumour cell angiogenesis and apoptosis [68–70].

In immortalized (HaCaT) and normal (NHEK) human epidermal keratinocytes, the cannabinoid anandamide facilitated epidermal differentiation and skin development via CB1 [31]. Given the identified complex and complementary distribution of CB1 and CB2 on human epidermal keratinocytes, hair follicles and sebaceous glands, our recent findings of cannabinoid receptor immunoreactivity in epithelial cells of appendage structures and epidermal keratinocytes suggest that skin cell differentiation may also be facilitated by activation of these receptors *in vivo*. However, this has to be confirmed in further studies. Here, epithelial cells revealed intense immunolabeling also in the cytoplasm. A recent study demonstrated that after CB1 transfection in HEK-293 cells, CB1 are present at the plasma membrane but substantial proportions (approximately 85%) of receptors are localized in intracellular vesicles [71]. The authors concluded that due to its natural constitutive activity, CB1 permanently and constitutively cycles between the plasma membrane and endosomes that finally leads to a predominantly intracellular localization at steady-state. This finding and interpretation explains nicely the staining distribution pattern of CB1 and CB2 presented in this study.

Abundant labeling for CB1 and CB2 was identified on the myoepithelial cells of the secretory portion of eccrine sweat glands. It has been reported that CB1 and CB2 agonists attenuate electrically induced smooth muscle contraction of the isolated bladder in mouse and rat, however not in isolated sections of dog, pig, monkey and human [72]. Thus, the present finding of CB1 and CB2 on myoepithelial cells of the secretory portion of eccrine sweat glands may indicate a functional involvement of cannabinoids at sweat glands. Moreover, CB1 expression has been identified in differentiated sebocytes. It was reported that acne, a sebaceous gland derived skin disorder, is initiated or exacerbated by the release of neuropeptides and subsequent neutral endopeptidase expression [73]. Both might be impaired by cannabinoid receptor agonists and therefore could provide new insights into the pathogenesis of sebaceous gland associated skin diseases and its treatment by cannabinoids.

In the present study we further detected immunoreactivity for both CB1 and CB2 on human skin mast cells with identical expression pattern in nor-

mal skin and mastocytosis. This finding is in accordance with a previous report that demonstrated CB2 on rat peritoneal mast cells as well as inhibitory functions of the cannabinoids nabilone, WIN55,212-2 and palmithoylethanolamide on mast cell degranulation [74]. Remarkably, the cannabinoid anandamide partly reversed these effects and thus behaved as an endogenous mediator with negative regulatory properties [74]. It will be of great interest to scrutinize cannabinoids as anti-inflammatory agents, particularly in diseases with mast cell driven inflammatory processes, e.g. mastocytosis, allergic diseases or even urticaria. The identification and wide distribution of CB1 and CB2 in human skin may indicate a variety of their functional role, such as inhibitory effects on sensory nerves as a new tool for pain and itch treatment, differentiation of epithelial cells and appendage structures or mast cell stabilizing anti-inflammatory properties.

Acknowledgement

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